

# Backyard Herb Life List

## How to use the Backyard Herb Life List

A life list is a list to keep track of items you find over the course of your life. Many hobbyists who watch birds, butterflies and many other animals keep life lists. Herbalists like to keep life lists too of herbs they have found and where they found them.

This list is a simplified version, designed for you to keep track of the herbs you find in your backyard. You will be amazed at how many herbs you have growing right outside your backdoor! Everything counts, whether it is a tree, shrub, or plant and whether it sprouted up naturally or was planted there. Continue to add to your list over the years as you start to refine your herb garden. Print off additional pages as you need them.

Let's take a quick look at what you'll be logging on your life list:

Use this column to write down the common name of the plant you found, i.e. Plantain.

Write the page number as your list expands beyond one page.

This first column is used to keep track of how many separate species of plants you have found in your yard (not the number of a group of plants, you can record that in the notes section).

Use this column for misc. information that you want to record about the plant to help you find it again.

Use this column to write down the date you first found the plant or planted it if you remember.

Note the location where you found the plant.

This is where you'll write down the botanical name after you look it up.

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#	Common Name	Date	Location	Botanical Name	Notes: How many plants, Sun or Shade, Growing Next to, etc.

