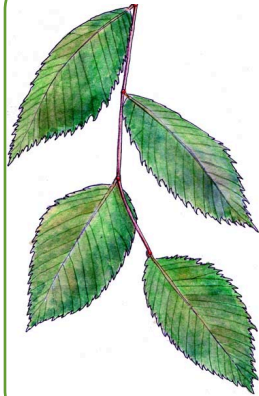


These labels correspond to the labels in the March 2013 issue of Herbal Roots zine, "Saluting Slippery Elm." Print this sheet onto a full sheet sticky page, cut out and apply them to your jars. If you do not have sticky paper, you can print on regular computer paper and use clear packing tape to tape the labels on to your jars. Using the tape will also keep the labels from getting wet.



## Slippery Elm Vinegar

Made fresh on:

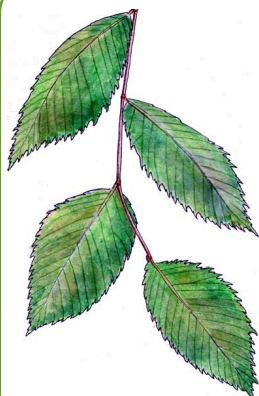
Ingredients:  
Slippery Elm leaves and bark  
Apple Cider Vinegar



## Slippery Elm Soothing Salve

Made fresh on:

Ingredients:  
Olive Oil  
Beeswax  
Slippery Elm Powder  
Calendula & Plantain  
Activated Charcoal



## Slippery Elm Lozenges

Made fresh on:

Ingredients:  
Slippery Elm powder  
Honey  
Wild Cherry infusion